



# NEIGHBOURHOOD UPDATE!

Spring Edition 2026



## SPRING NEWS

It's fair to say, it's been a soggy start to spring, but the Nature & Wellbeing Centre is beginning to show signs of new life. Daffodils are starting to bloom across the field, and our amphibious friends have blessed the pond with an abundance of frogspawn. We've enjoyed a series of nature-packed days in March as part of the **WMCA Nature Call to Action Campaign**, as well as welcoming **Roots to Fruit** for a meadow creation day, planting wildflowers as part of the **RSPB Swift Academy** project. As always there's lots going on - speak to a member of the team to get involved!

## WHAT'S ON?

There's plenty for all ages this Spring! On 31 March and 7 April, little ones can enjoy **Little Settlers Eco Club specials** - discover the overnight moth trap, try out pond dipping and sow sunflower seeds. Older ones can also reap the benefits of time outdoors with **Young Bunch Holiday Club** on 1 and 8 April.

For the full activity timetable visit [www.birminghamsettlement.org.uk](http://www.birminghamsettlement.org.uk)

IT'S A FROG'S LIFE...



CAFE OPEN:  
Mon - Fri  
9am - 3.30pm

## Birmingham Settlement Nature & Wellbeing Centre Timetable



We encourage a voluntary £2 donation to support the ongoing costs of our charitable activities Volunteer-led sessions

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Edbaston Reservoir Running &amp; Wellbeing group</b> <b>9.30am-11.30am</b> 	Morning Yoga 9.30am-10.30am Roots Forest School (booking required) 10.30am-12pm Social Walk & Talk. All welcome! 10.30am-12.30pm Wellbeing Workshop 1pm-3pm Branching Out Group 1pm-3pm Tai Chi  2.30pm-3.30pm	Dog Walk & Talk <b>8.30am-9.30am</b> Little Settlers Nature Club 10am-12pm Beginners  Archery Class 1pm-2pm Cyber Savvy Café Digital Support 2pm - 3pm	Volunteer with us! Friends of the Field Volunteer Day - all welcome <b>10am-2pm</b> 	Nature Navigators! <b>10am-12pm</b> Plant with Pat Beginners gardening  10.30am-12pm Cyber Savvy Café Digital Support 11am-12pm Mindfulness in Nature - Relax & connect! <b>1.30pm-2.30pm</b> Chess Club 2pm-3pm	Dog Walk & Talk <b>8.30am-9.30am</b> Volunteer with us! Friends of the Field Volunteer Day 10am-2pm Drop-in arts & crafts for wellbeing with Pinky!  10am- 2pm Creative Shed (ages 50+) 12pm- 3pm Community litter pick final Friday of every month	Game On! Board games on 3 <sup>rd</sup> Saturday each month - all ages <b>1pm-4pm</b> 



NATURAL ENGLAND HELPING REPOSITION THE GAZEBO ONTO ITS NEW DECKING



# BE A FRIEND OF THE FIELD!

Are you interested in learning how to care for the land and nature whilst building skills and meeting new people? Our wonderful Friends of the Field play a vital role in maintaining our green space for everyone to enjoy. We're in need of enthusiastic people to join the regular volunteering group meeting every Wednesday and Friday 10am-2pm. No experience needed, just a willingness to get stuck in!

To find out more contact our Volunteer Co-ordinator Maria for a friendly chat: [volunteer@bsettlement.org.uk](mailto:volunteer@bsettlement.org.uk)



THERE'S ALWAYS A JOB TO BE DONE!

## Neighbourhood Futures Festival

26-28 June 2026

A date for the diary - Birmingham Settlement's Neighbourhood Futures Festival returns for another year of summer fun at the Reservoir! Jam-packed with family activities, crafts, stalls & games, expect theatre, creativity and hands-on workshops celebrating nature in the city. Even better, it's all FREE! If you have something to offer the festival, we'd love to hear from you!

AN AMPHITHEATRE PERFORMANCE AT NEIGHBOURHOOD FUTURES FESTIVAL



### FIND US AT

Birmingham Settlement Nature & Wellbeing Centre, 79 Selywn Road, Edgbaston Reservoir, B16 0SL.  
[www.birminghamsettlement.org.uk](http://www.birminghamsettlement.org.uk)

### BRANCHING OUT PROJECT UPDATE

Our Branching Out group have enjoyed building swift boxes in our new-look Creative Shed, now kitted out with a roof and decking for all-weather use!

Branching Out is a weekly guided session for adults with learning disabilities, supporting purposeful time outdoors developing skills and making new friends. Contact us for more details!



### GET IN TOUCH



For more information email us on [natureandwellbeing@bsettlement.org.uk](mailto:natureandwellbeing@bsettlement.org.uk) call 0121 250 0771 or drop in Mon-Fri 9am - 4pm.



natureandwellbeingcentre



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