



YOUR COMMUNITY UPDATE!

Autumn Edition 2025

**CHARITY
SHOP OPEN!**

Tues - Fri
10am - 3pm

birmingham
settlement
developing communities, changing lives

COMMUNITY
FUND

AUTUMN NEWS

Welcome to your Autumn update from Birmingham Settlement Sports & Community Centre! It's been a busy few months with plenty of **energy and excitement** at the centre! We're looking forward to a jam-packed **October half-term**, filled with creative sessions and **Halloween** fun with a party, spooky craft session and fun activities! As the colder months roll in, our indoor activities are in full swing. From fitness sessions at our **community gym** to **Ageing Well groups** and Film Club, there's something for everyone to enjoy!



LITTLE SETTLERS STAY & PLAY EVERY TUESDAY & THURSDAY IN THE UPPER HALL

WHAT'S ON?



Our timetable has plenty of activities for all! **Over half term keep kids busy with Elite Sports' holiday camp**, and join our **Halloween Party on 30th October** - expect fancy dress, spooky stories, games & more! There's also plenty to support your health and wellbeing - from **Tai Chi to racket sports, circuits and gym sessions**. For the full timetable, visit our website: www.birminghamsettlement.org.uk



A SUCCESSFUL FAMILY FUN DAY!

The 21st August marked our **Kingstanding Family Fun Day** with over 300 residents in attendance. We enjoyed a performance from **Birmingham Opera**, community stalls, sports and games as well as eco crafts in our new growing space - not forgetting everyone's favourite duo Mario and Luigi! We were also joined by **Red Watch Midlands from Perry Barr Fire Station** and our **local PSCO**. The atmosphere was **full of energy, creativity and smiles** as everyone came together to celebrate community and summer!



MEET MARIA, OUR NEW VOLUNTEER COORDINATOR!



Maria joined the Settlement team at the end of June this year as our new **Volunteer Coordinator**. She supports volunteers across the organisation including our **charity shops and centres**, ensuring everyone feels valued, connected and supported. **"I love the diversity of our volunteers and the skills and life experiences they bring."**

Maria has been developing **volunteer pathways** to make volunteering with us simpler and more welcoming for everyone. She hopes to **build a strong volunteer network** and be the **go-to person for all things volunteering** across Birmingham Settlement! Check out the '**News**' section on our website for the full interview!

To find out more about volunteering opportunities drop Maria a message on 07415317684, or email volunteer@bsettlement.org.uk

FAIRER FUTURES: COMMUNITY GYM & HEALTH CHECKS



This year we received funding from the Fairer Futures Fund for our STEP programme - with the aim of reducing health inequalities for men, women, children and families through activity programmes promoting healthier lives.

Through this programme we can offer...

- Free access to our Community Gym
- Nutritional advice & expert speakers
- Family multi-sport activities
- Regular health checks (blood pressure, BMI)
- Gardening and growing clubs

Speak to Adele for more information!
sportsandcommunity@bsettlement.org.uk

FIND US AT

Birmingham Settlement Sports & Community Centre, 600 Kingstanding Road, Birmingham, B44 9SH.

www.birminghamsettlement.org.uk

AGEING WELL UPDATES!

At **Film Club**, our Ageing Well members have been enjoying themed movie nights, from musicals to classics. Meanwhile, **Cuppa & Chatter** brought generations together, with a special visit from the **Warren Farm Primary School Choir**, filling the hall with music and joy. Thank you for coming!



GET IN TOUCH

For more information email us at sportsandcommunity@bsettlement.org.uk call **0121 250 0770** or drop in Mon-Fri 9am-4pm to chat to a member of the team.

  [birminghamsettlement1899](https://www.birminghamsettlement1899.org.uk)

Registered charity no 517303 www.birminghamsettlement.org.uk