

YOUR COMMUNITY UPDATE!

Summer Edition 2025

CHARITY
SHOP OPEN!

Tues - Fri
10am - 3pm



SUMMER NEWS

birmingham settlement
developing communities, changing lives



FAMILY FUN DAY!

Come along to our **Family Fun Day** on **21st August** for **FREE** sports & games, arts & crafts, stalls, bouncy castle and so much more! We hope you're excited as we are, see you there!

Family Summer Sports Group (up to 10) every Tuesday this summer, 10am-12pm.

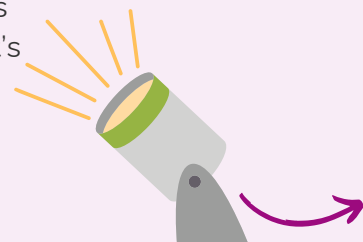


MEET ALEX, OUR NEW CENTRE MANAGER!

Alex joined the Settlement team back in January this year after 9 years as Sandwell Arts Officer. **"I am always blown away by how much charities do for their service users with the limited resources they have."** Outside of work Alex produces and directs shows for The Mint Theatre Society where he is a founding member! No day is the same for Alex, and he is excited to continue developing big plans at the Centre over the coming months. It's great to have him on the team! Check out the **'News'** section on our website for the full interview!



LITTLE SETTLERS STAY AND PLAY EVERY
TUESDAY & THURSDAY IN THE UPPER HALL



VOLUNTEERS NEEDED!

Can you spare a few hours a week to volunteer at our Sports & Community Centre?

Activities Support: We have a busy timetable, especially on Wednesdays, and welcome support for sessions like art, wellbeing & gentle exercise. Tasks may include welcoming people, set up/pack down, making a cuppa, or simply offering a chat and listening ear.



WE WANT YOU!

Office Assistant: We're seeking support with admin and office tasks - the perfect role if you're looking to gain experience, get back into work or share your organisational skills!

To be part of our friendly team, drop our Volunteer Coordinator Maria a message on 07415317684, or email volunteer@bsettlement.org.uk



FAIRER FUTURES: COMMUNITY GYM & HEALTH CHECKS



Earlier this year we received funding from the Fairer Futures Fund for our STEP programme - with the aim of reducing health inequalities for men, women, children and families through activity programmes promoting healthier lives.

Through this programme we can offer...

- Free access to our Community Gym
- Nutritional advice & expert speakers
- Family multi-sport activities
- Regular health checks (blood pressure, BMI)
- Gardening and growing clubs

Get in touch for more information!

FIND US AT



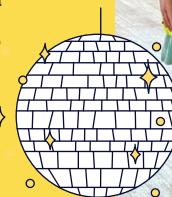
Birmingham Settlement Sports & Community Centre, 600 Kingstanding Road, Birmingham, B44 9SH.

www.birminghamsettlement.org.uk

NEW KIDS DISCO

Kids Disco has been a great hit... so far we've had **over 100** children & families come together to enjoy music, make friends and have a boogie! Join us for on the last Saturday of every month.

Mark your calendars for our next Kids Disco on 26th July!



JOINED BY PCSOS



DANCING AT OUR FIRST KIDS DISCO!

GET IN TOUCH



For more information email us at sportsandcommunity@bsettlement.org.uk call **0121 250 0770** or drop in Mon-Fri 9am-4pm to chat to a member of the team.

  [birminghamsettlement1899](https://www.instagram.com/birminghamsettlement1899)

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