Update from Birmingham Settlement Nature & Wellbeing Centre



NEIGHBOURHOOD UPDAT

Summer Edition 2025



The sun is shining, the weather is sweet (well, most of the time...)

It's been a busy summer so far with the **Neighbourhood Futures Festival** bringing over 2,200 visitors to site. We've also been busy planting over 300 Hornbeam trees to create a **new maze** near the polytunnels why not give it a go!

In funding news, our Ladywood NNS application was successful, so look out for our new 'Creative Shed' supporting older

people and people with disabilities to develop woodwork and creative skills. Ask us for info! WHAT'S ON?

There's plenty of opportunity to get active this summer - try out Tai Chi, yoga, archery - or our new Chess Club! If you're looking for summer holiday fun, join us every Wednesday for family activities, from bug hunts to crafts. For teens, we're teaming up with ecobirmingham for a one-off day camp. For the full timetable visit www.birminghamsettlement.org.uk

JOIN OUR NEW CHESS CLUB **EVERY THURSDAY**



Birmingham Settlement Nature & birmingham settlement Wellbeing Centre Timetable



MON FRI WED



SUN Edgbaston Reservoir Running & Wellbeing group 9.30am-11.30am



Morning Yoga 9.30am-10.30am Social Walk & Talk. All

welcome 10.30am-12.30pm Green Minds Wellbeing

Workshop. Different topics each week. 1pm-3pm Tai Chi

Archery Class 1pm-2pm 2.30pm-3.30pm

Dog Walk &

Talk

8.30am-9.30am

Little Settlers

Nature Club

10am-12pm

Beginners

Volunteer with us! Friends of the Field

Volunteer Day 10am-2pm

Navigators! All ages welcome

Plant With Pat Beginners Gardening 10.30am-12pm

Tai Chi

1.30pm-2.30pn Chess Club

Dog Walk & Talk 8.30am-9.30am

Friends of the Field Volunteer Day 10am-2pm

Arts and Crafts with Pinky (drop-in) 10am-2pm

> Green Minds activities for wellbeing 11am-1pm



BEANATURE NAVIGATOR

Are you interested in learning how to survey and monitor wildlife to help boost biodiversity?

Every Thursday from 7th August 10am-12pm. Sign-up today! Contact Vicki on 07305056449or email vicki.mcdermott@bsettlement.org.uk



Neighbourhood Futures Festival

Festival Round-Up!

Over 2,200 people and 40+ local partners enjoyed four days of community and nature connection at this years' Neighbourhood Futures Festival. From our Youth Day to family theatre in the amphitheatre, sports on the field, environmental talks and Forest School, it was a brilliant four days for the community. Thank you to everyone who helped make it so special!



FIND US AT Q

Birmingham Settlement Nature & Wellbeing Centre, 79 Selywn Road, Edgbaston Reservoir, B16 oSL. www.birminghamsettlement.org.uk





natureandwellbeing@bsettlement.org.uk call **0121 250 0771** or drop in Mon-Fri



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