



# NEIGHBOURHOOD UPDATE!

Spring Edition 2025



26-29 June  
Neighbourhood  
Futures Festival

**SAVE  
THE DATE**

**SPRING NEWS**

**Welcome to our spring newsletter!**  
**As the days grow longer, we're excited to see new life emerging all around.**  
 Blossoms are brightening the trees, the daffodils are out, tadpoles are swimming in the pond, and our activities are in full bloom, including the launch of Roots, our new Heritage Lottery funded Forest School. Planning is also underway for our third Neighbourhood Futures Festival, and we're looking for local people and groups to be part of it. Chat to us for more!

## WHAT'S ON?

Get outdoors this spring! Try archery, learn to grow veggies and care for plants with our beginner's gardening sessions every Thursday, get active with yoga and Tai Chi, and help your little ones connect with nature with our weekly Little Settlers Stay & Play sessions for 0-5s.

For the full timetable visit [www.birminghamsettlement.org.uk](http://www.birminghamsettlement.org.uk)



**VOLUNTEERS FROM CALTHORPE ESTATES HELPING CREATE A PATHWAY**



## Birmingham Settlement Nature & Wellbeing Centre Timetable



We encourage a voluntary £2 donation to support the ongoing costs of our charitable activities

SUN	MON	TUE	WED	THU	FRI	SAT
Edgbaston Reservoir Running & Wellbeing group 9.30am-11.30am 	Morning Yoga 9.30am-10.30am Social Walk & Talk. All welcome! 10.30am-12.30pm Green Minds Wellbeing Workshop. Different topics each week. 1pm-3pm Tai Chi 2.30pm-3.30pm	Dog Walk & Talk 8.30am-9.30am Little Settlers Nature Club 10am-12pm Beginners Archery Class 1pm-2pm	Volunteer with us! Friends of the Field Volunteer Day 10am-2pm 	Plant With Pat Beginners Gardening 10.30pm-12pm Tai Chi 1.30pm-2.30pm	Dog Walk & Talk 8.30am-9.30am Volunteer with us! Friends of the Field Volunteer Day 10am-2pm Arts and Crafts with Pinky (drop-in) 10am-2pm Green Minds - activities for wellbeing 11am-1pm	 



# VOLUNTEERS NEEDED!

Can you spare a few hours a week? We urgently need volunteers to keep our centre running. Make a positive impact on your local environment & community by getting involved with green volunteering.

Interested? Drop Sam a message on 07535524113 or email [volunteer@bsettlement.org.uk](mailto:volunteer@bsettlement.org.uk)

## Activities include:

- Gardening, orchard planting, weeding, tending flower beds, growing, general handiwork
- Serving in the Red Shed Community Café
- Supporting events & activities



VOLUNTEERING OPPORTUNITIES AT NEIGHBOURHOOD FUTURES FESTIVAL

# Neighbourhood Futures Festival

26-29th June 2025

Join us for a FREE four-day festival next to Edgbaston Reservoir! packed with fun & thought-provoking activities focused on going green & connecting with nature for wellbeing & happiness! Expect family-friendly performances, kids activities, games, music, wellbeing sessions, hands-on learning, stalls & much more!

BANGRA DANCING IN THE AMPHITHEATRE AT LAST YEAR'S NEIGHBOURHOOD FUTURES FESTIVAL



TADPOLES SPAWNING IN THE POND & HAVING FUN AT ROOTS, OUR NEW FOREST SCHOOL!



## GET IN TOUCH



For more information email us on [natureandwellbeing@bsettlement.org.uk](mailto:natureandwellbeing@bsettlement.org.uk) call 0121 250 0771 or drop in Mon-Fri 9am- 4pm.

 [natureandwellbeingcentrebrm](https://www.instagram.com/natureandwellbeingcentrebrm)

 BirminghamSettlementNatureWellbeingCentre

## FIND US AT



Birmingham Settlement Nature & Wellbeing Centre, 79 Selywn Road, Edgbaston Reservoir, B16 0SL.

[www.birminghamsettlement.org.uk](http://www.birminghamsettlement.org.uk)



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