

AGEING
BETTER IN
BIRMINGHAM

Ageing Well Christmas Party

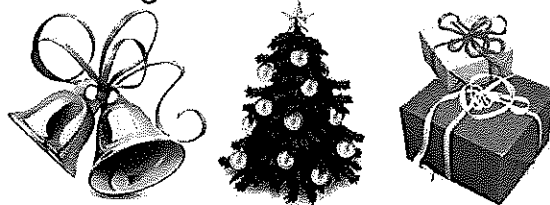
Activity description

For Christmas this year we are holding a Christmas Party here at Birmingham Settlement in Aston, with a three course meal and entertainment including dancers and a choir. The meal will be professionally catered with a delicious carvery meal along with some surprise treats! (Halal, vegetarian and other dietary needs all available.)

The theme is "Bring A Friend". Many people are alone at this time of year and we want to help people get out more with the support of friends to help those people who are lacking confidence to come and join in the fun. So if you know relatives, friends or neighbours who might benefit from joining us, then invite them along too.

Ageing Well is open to anybody 50+ and the party is a great chance for new people to come along, register and find out more about what we do.

Rob Netherway
0121 250 0764 / 07764 977 629
robert.netherway@bsettlement.org.uk



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developing communities, changing lives
Charity Registration No.: 517303

Details

Monday 12th
December 2016 from
12:30pm onwards

FREE—But advanced
booking required

Birmingham Settlement
359-361 Witton Road
Aston
Birmingham
B6 6NS

Ageing Well Christmas Party — Monday 12th December

Response Slip

If you would like to attend please fill out this response slip and return it to Rob no later than: Thursday 1st December.

Please complete details for each guest for and provide details of any allergies or dietary needs. If you require additional space please use the back.

Guest Name 1: _____ Dietary Requirements: _____

Guest Name 2: _____ Dietary Requirements: _____

Please return this slip to: Rob Netherway, Birmingham Settlement,
359-361 Witton Road, Aston, Birmingham, B6 6NS.

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Ageing Well Christmas Party

We are pleased to invite you to the Ageing Well Christmas Party on Monday 12th December. Please find below the full menu and details of the event.

Details

Date: Monday 12th December 2016
Time: 12:30pm onwards
Venue: Birmingham Settlement, 359-361 Witton Road, Aston, B6 6NS
Price: Free – But advanced booking required



Catering

- Starters World Food Buffet
Try a selection of nibbles from cultures around the world:
- *Jerk chicken wings*
 - *Plantain & sweet potato fritters*
 - *Vegetarian samosas*
 - *Sweet onion & brie tarts*
 - *Mediterranean vegetable loaded potato skins*
- Mains Traditional Christmas carvery with all the trimmings
- *Turkey*
 - *Beef*
 - *Spinach & blue cheese en croute*
- Desserts Selection of cakes
- *New York cheesecake with cranberry coulis*
 - *Ginger cake*
 - *Gulab jamun*
 - *Mince pies*
- Drinks Mulled punch (non-alcoholic)
Red and white wine
Selection of soft drinks
Tea and coffee

We will cater fully for any dietary needs, including halal and allergies, please inform us of your requirements.



Entertainment

- 12:30pm Movement and Song
Join us before lunch for a fun interactive session involving light exercise, music and instruments to get you in a festive mood and to build up an appetite!
- 1pm (approx) Lunch
- 2pm (approx) Dance Performance
Enjoy a live dance performance and get inspired ready for next year as we launch new dance classes.
- 2:45pm (approx) Rock Choir
Watch a performance by the Birmingham Rock Choir, an uplifting and energetic choir.



Bring A Friend

We know that many people are alone at this time of the year and we want to get them out more. We encourage everybody to "Bring A Friend" and think of relatives, friends, neighbours and others who might benefit from joining us and invite them along too!



Contact us

For any enquiries please contact:

Rob Netherway
Senior Community Action Worker
Telephone: 0121 250 0764 / 07764 977 629
Email: robert.netherway@bsettlement.org.uk

We hope to see you soon. Wishing you a Merry Christmas and a Happy New Year from everybody at Birmingham Settlement.